

## FACT SHEET 19

### MEDICAL STANDARDS FOR LIFT TRUCK OPERATORS

It is important that all fork lift truck operators have an appropriate level of medical fitness for the work they are expected to undertake. Employers who have any doubt should seek professional advice.

Medical considerations are detailed on pages 8 and 9 of HSG6 (see below). This guidance booklet states:

*It is good practice for all operators and potential operators to be screened for fitness before employment and again at regular intervals in middle age. Examination at age 40 and thereafter at five-yearly intervals up to age 65 is recommended. Operators over 65 should be screened annually. Examination is also recommended in all cases after an accident or sickness absence of more than one month, or after a shorter period if it appears likely that the illness may affect fitness to operate.*

Appendix 2 to HSG6 provides comprehensive advice for occupational health professionals.

HSG6, which is detailed more fully below, is readily available from HSE Books (Telephone 01787 881165), or from the FLTA office.

Safety in Working with Lift Trucks  
HSE Code HSG6  
ISBN: 0-7176-1781-5  
Price £6.50

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The information in this Fact Sheet has been assembled and interpreted to give truck owners and users basic guidance on frequently asked questions. Further important information will be given in the quoted reference documents. Responsibility for meeting the safety obligations discussed rests with the employer, and the FLTA will not accept liability for any problem arising as a result of the content of this document. **Technical Bulletins, containing more detailed information and updated as appropriate, are made available free to members of the [FLTA SAFE USER GROUP](#).**

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